

COVID

Frequently Asked Questions



Updated 22nd March 2021

This guidance might be updated in due course

Guidance FAQs

1. What is a formal organised activity for athletics and running and how do we know if we are meeting that standard?

A formal organised activity is where athletics and running is taking place in a Covid-secure environment. The operations guidance we have produced covers the key considerations you will need to work through in order to determine if your environment can be classed as Covid-secure. Individual venues may have additional considerations you need to take into account so always liaise with the venue operator / land owner if appropriate. England Athletics will not be assessing any environment to determine whether it meets the criteria for being Covid-secure other than those we use for our own events.

2. What is the role of the Covid co-ordinator?

Please see the details in our operations guidance.

3. I have seen the term 'Covid action plan' and would like to know what format this needs to be in and what information it needs to include?

An action plan is a document that outlines the process you are following to make your venue and activity Covid-secure and would detail information such as the owner (Covid Officer/ Coordinator), risk assessments being carried out, tracking protocol and communication plans with all members and participants. See the operations guidance for more information.

4. How is our insurance affected by Covid?

Normal Club insurance remains in place if affiliated to England Athletics and if the relevant risk assessment and actions plans are put into place.

Normal Coach insurance (and leader) remains in place if the UKA Coaching license is valid and if the relevant risk assessment and actions plans are put into place.

Normal competition insurance remains in place if the event is licensed and if the relevant risk assessment and actions plans are put into place.

Intra club competition that does not require a license will be covered by club insurance if affiliated to England Athletics and if the relevant risk assessment and actions plans are put into place.

5. I have seen information about different group sizes and ratios. What exactly is the guidance recommending?

For Covid-secure environments, England Athletics is not imposing a limit to the number of participants at a facility or at a club training session due to the diverse nature of training facilities, public spaces, and meeting points. Please see the operational guidance for factors to consider.

Where a venue is owned or operated by a third party there may be restrictions in place covering overall numbers on site, so you need to take these into consideration separately in addition to the official England Athletics guidance.

Our recommended coach / leader to athlete / runner ratio is 1:12 for all settings for all age groups. To be clear for coaches and leader activity, for every 12 runners or athletes in a group at any age group there needs to be at least one coach or leader in place.

6. Can I travel for training and competition?

You should minimise time spent outside your home, but you can leave your home to exercise and take part in informal and organised sport and physical activity. Always check that it's safe to travel before you set out to take part in sport or recreation.

7. Where disabled people need support from a carer or personal assistant during activity, will this be allowed, e.g. a visually impaired person needing a guide runner?

Yes. People who provide essential support (e.g. carers) to disabled people are exempt, and don't count towards gathering limits. Therefore, disabled participants can be supported by a carer(s)/personal assistant(s) while taking part in exercise. This can be in addition to others from your household, support bubble or one person from another household – this could be a coach.

Up to two carers for a disabled person, needing continuous care, aren't counted towards the gatherings limit on two or more people exercising outside.

8. If a member tests positive or shows symptoms of covid-19 what do we do?

As part of the club Covid-19 action plan you should ensure any member or participant who has attended a session and subsequently tested positive for Covid-19 is logged with Covid Coordinator. Please see flowchart in the appendix of the Operations Guide for Club Training.